

SPECIALIZED HEALTH CARE SERVICES**Definitions**

Specialized physical health services means those health services prescribed by the student's licensed physician requiring medically related training for the individual who performs the services and which are necessary during the school day to enable the student to attend school. These services include catheterization, gastric tube feeding, suctioning, or other services that require medically related training.

Qualified means the ability to demonstrate competence in cardio-pulmonary resuscitation, current knowledge of community emergency medical resources, and skill in the use of equipment and performance of techniques necessary to provide specialized physical health care services for individuals with disabilities. In addition, for designated school personnel, *qualified* means trained in the procedures to a level of competence and safety which meets the objectives of the training as provided by the school nurse, public health nurse, licensed physician, or other programs which provide the training.

Training means preparation in the appropriate delivery and skillful performance of specialized physical health care services.

Supervision means review, observation, and/or instruction of a designated school person's performance and of physical health care services, but does not necessarily require the immediate presence of the supervisor at all times.

Provision of Services

A student with disabilities who requires specialized health care services during the school day, as identified in his/her individualized education program (IEP), may be assisted by any of the following individuals:

1. Qualified persons who possess an appropriate credential pursuant to Education Code 44267 (service credential with specialization in health), Education Code 44267.5 (service credential with specialization in health for school nurse), or a valid certificate of public health nursing issued by the Board of Registered Nursing
2. Qualified designated school personnel trained in the administration of specialized physical health care if they perform those services under the supervision of a credentialed school nurse, public health nurse, or licensed physician and the services are determined by the credentialed school nurse or licensed physician, in consultation with the physician treating the student, to meet all of the following criteria:
 - a. Constitute routine care for the student
 - b. Pose little potential harm for the student

SPECIALIZED HEALTH CARE SERVICES (continued)

- c. Are performed with predictable outcomes, as defined in the student's IEP
- d. Do not require a nursing assessment, interpretation, or decision making by the designated school personnel

Specialized health care or other services that require medically related training shall be provided pursuant to Education Code 49423.

Schools shall provide appropriate accommodations for safety and necessary physical care services. The student's personal privacy and dignity shall be assured.

A qualified school nurse, public health nurse, or licensed physician responsible for supervising the physical health care of students with disabilities in the school setting shall:

1. Coordinate the health care services to the students with disabilities on the school site
2. Consult with appropriate personnel regarding management of health care services for students with disabilities
3. Make appropriate referrals and maintain communication with health agencies providing care to students with disabilities
4. Maintain or review licensed physician and parent/guardian requests and daily documentation records

The licensed physician of a student with disabilities who is required to receive physical health care services shall provide a written statement detailing the procedure and time schedule by which such procedures are to be given. In addition, the student's parent/guardian shall provide a written statement indicating his/her desire that the district assist the student in the matters set forth in the physician's statement and granting consent for the delivery of such services.

For each student with disabilities, the district shall maintain the physician and parent/guardian statements, as well as the specific standardized procedures to be used if the services are provided. The district shall also maintain daily documentation of specific services provided and shall include the signatures of the personnel who performed the procedure. This documentation shall be maintained in accordance with the requirements for confidentiality of student records and shall be classified as mandatory interim student records.

Procedure

The parent/guardian of students who required specialized physical health care services during the school day shall provide a written request for the needed physical health care service. The request shall include:

SPECIALIZED HEALTH CARE SERVICES (continued)

1. The student's name, address and phone number
2. The physician's name, address and phone number
3. The needed health care procedure
4. Statement authorizing the program administrator to name the qualified school personnel who will perform the service in accordance with standardized procedures
5. Statement agreeing to notify the school immediately of any change in the child's regimen or the authorizing physician

Note: Parent/guardians are to provide medical equipment supplies for their child.

The student's physician shall submit a written statement authorizing the administration of the specified physical health care service. This statement shall indicate:

1. The student's name and address
2. Condition for which treat is to be given
3. Specific procedure to be given
4. Time schedule for the procedure
5. Precautions, possible untoward reactions and recommended intervention

If the student is a special education student the parent/guardian's request, the physician's authorization and the specific standardized procedures to be used should be included in the IEP of any special education student who requires this service and maintained as mandatory interim student records in accordance with legal requirements of confidentiality.

A qualified district nurse shall supervise physical health care services in the school setting as follows:

1. Identify and train, before the student's first day of attendance, the qualified personnel who will be performing the service.
2. Orient the health service provider to the required documentation for the provision of the specialized physical health care service. A written record of each specialized physical health care service, giving the name of the student, procedure, date, time, directions, and signature of the person providing the service shall be maintained on a form.

SPECIALIZED HEALTH CARE SERVICES (continued)

3. Provide information to transportation department and orient the bus driver concerning his or her responsibility to the pupil, as necessary.
4. Have the school administrator or designee and the parents/guardians develop a maintenance schedule and method for indicating a need for new supplies. The parent/guardian or caretaker is responsible for maintaining any equipment and for providing disposable goods.
5. Identify, with recommendations from the parent/guardian or caretaker, the procedure to follow when the qualified trained personnel or any of the back-up providers of the service are not on site because of illness or other emergency.
6. Provide appropriate awareness activities concerning the specialized physical health care needs to the chronically ill student's teacher and classmates.

Specified special education instructional assistants and certificated staff as well as licensed vocational nurses and registered nurses shall be trained in accordance with law. They shall possess a current valid certificate from an approved program with cardiopulmonary resuscitation and shall be able to demonstrate current knowledge of community emergency medical resources and skill in the use of equipment and the performance of techniques necessary to provide specialized health care services.

Schools shall provide appropriate accommodations for safety and necessary physical care services. The student's personal privacy and dignity shall be assured.

Staff designated to perform the specialized service shall maintain and sign a daily record of these services on a district form. This form shall be kept either in the student's classroom or in the school health office, depending on the health services being provided.

The district will request reimbursement through the Medi-Cal fee for service and administrative cost options.

Legal Reference: (see next page)

SPECIALIZED HEALTH CARE SERVICES (continued)

Legal Reference:

EDUCATION CODE

44267 *Services credential with specialization in health*
44267.5 *Services credential with specialization in health for school nurse*
49423 *Administration of prescribed medication for student*
49423.5 *Specialized physical health care services*
49426 *School nurses*
56000-56606 *Special education programs, especially:*
56345 *Individualized education program contents*

BUSINESS AND PROFESSIONS CODE

2700-2837 *Nursing, especially:*
2726 *Authority not conferred*
2727 *Exceptions in general*

CODE OF REGULATIONS, TITLE 5

3051.12 *Health and nursing services*

UNITED STATES CODE, TITLE 20

1232g *Family Educational Rights and Privacy Act of 1974*
1400-1482 *Individuals with Disabilities Education Act*

CODE OF FEDERAL REGULATIONS, TITLE 34

300.1-300.818 *Individuals with Disabilities Education Act, especially:*
300.34 *Related services*

COURT DECISIONS

Cedar Rapids Community School District v. Garret F., (1999) 526 U.S. 66
Clovis Unified School District v. Office of Administrative Hearings, (1990) 903 F.2d 635
Taylor v. Honig, (1990) 910 F.2d 627

Management Resources:

WEB SITES

California Department of Education, Health Services and School Nursing:
<http://www.cde.ca.gov/lh/he/hn>
California School Nurses Organization: <http://www.csno.org>